

## May 2026 Newsletter

### Mental Health Awareness Week 2026: 11 - 17 May 2026



This year's Mental Health Awareness Week focuses on **Action**, highlighting the powerful role our environments and relationships play in supporting mental wellbeing. It's a reminder that promoting good mental health goes beyond awareness alone and taking meaningful steps to create supportive, safe and connected spaces for children, families and practitioners.

By focusing on how we work, relate and respond, we can inspire real change and help build a culture where mental health is valued, celebrated and actively supported for everyone. Mental Health First Aid England offer a selection of free mental health [resources for your workplace](#), school or community, including toolkits, guidance, posters, and more.

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### Social Media Ban Survey

South West Grid for Learning has launched a new [survey](#) to capture the views of professionals working directly with children and young people across the UK on their views surrounding young people's use of social media.

The survey aims to provide an evidence-informed perspective on the UK Government's current discussion around whether children under 16 should be banned from holding social media accounts.

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### **Gambling harm as a safeguarding issue**



Unlike more recognised addictions such as alcohol or drugs, gambling addiction often goes unnoticed as a safeguarding concern, despite now being recognised as a public health issue. Gambling is increasingly normalised, and in Greater Manchester alone, at least one in 15 residents (including children, families and friends) are affected by gambling-related harm.

Gambling can lead to serious consequences including poor physical and mental health, relationship breakdown, domestic abuse, debt, job loss and, in some cases, suicide. With 24/7 access via smartphones, harm can remain hidden. Increasing awareness is vital so people can access timely, expert support.

**Chapter One** offers a 2-hour online Teams training session, developed using the best available international evidence, by clinicians and people with lived experience. The session will help you to:

- Understand gambling addiction and its causes
- Build confidence and skills to identify when someone may need help
- Support people to take simple steps to access information and support

Please note: the training includes gambling-related sounds and imagery, and references issues including suicide. **Book via Eventbrite:** [Tue 19 May 2026, 1:00pm–3:00pm](#)



# Tameside Safeguarding Children Partnership

## #LookCloser Programme of Learning

The  
Children's  
Society

### Tackling Child Exploitation and Abuse April to September 2026

Developed using learning from The Children's Society and a wide range of partners, this programme focuses on tackling child exploitation and abuse, supporting professionals to recognise risk, understand harm, and respond effectively. **To book your place, click on the links below all sessions are via Teams**

[Tue 16 June 2026, 2:00pm - 4:00pm](#)

[Thurs 16 July 2026, 10:00am – 12:00pm](#)

[Tue 15 September 2026, 1:00pm – 3:00pm](#)

If you'd like more information about the programme or individual sessions, please contact: [prevention@childrenssociety.org.uk](mailto:prevention@childrenssociety.org.uk)



The **National Child Safeguarding Practice Review Panel** has launched a new independent website bringing together learning from safeguarding reviews and practical resources to support professionals working with children and

families across England.

The site includes a Learning Hub with resources on key themes including neglect, child sexual abuse, vulnerable babies, and Black, Asian and Mixed Heritage children, with further topics coming soon such as adolescent self-harm and suicide, online harms, and children missing education.

Designed with practitioners from across health, education, social care, policing and the voluntary sector, the website is free to access, requires no login, and offers a wide range of formats to support learning in practice.

[Child Safeguarding Practice Review Panel | Your hub for practical safeguarding learning](#) A link will also be added to the TSCP website

## NSPCC Learning

### Supporting young people's mental health

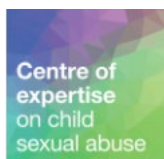
A child's mental health is just as important as their physical safety and can be closely linked to safeguarding concerns. Recognising when a young person is struggling and offering early support can help prevent difficulties from escalating.

A **mental health first aid kit** is a simple, practical tool that can help young people manage their wellbeing. It includes resources to help them calm down, relax, distract themselves and access further support.

This [podcast](#) explores how to use a mental health first aid kit with young people, including when it may be helpful, how to create one together, what to include, and how to support young people while they are waiting for CAMHS or other services.



# Tameside Safeguarding Children Partnership



## Centre of Expertise on Child Sexual Abuse Workshops for Local Safeguarding Partners, January – July 2026

The CSA Centre is offering six free online workshops between January and July 2026 to help safeguarding partners reflect, plan, and lead on implementing the recommendations from the 2024 [National review into child sexual abuse within the family environment](#).

These interactive sessions will provide practical guidance and expert insights to strengthen local safeguarding arrangements.

### Thurs 21 May 2026

#### [Workshop four - Assessment of people presenting risk of sexual harm | CSA Centre](#)

Speakers: Anna Glinski, Paul Burnside, TJ Abrahams & Becky Canning

### Wed 17 June 2026

#### [Workshop five - Talking to children | CSA Centre](#)

Speakers: Lorraine Myles & Dr Natasha Sabin

### Mon 13 July 2026

#### [Workshop six - Health | CSA Centre](#)

Speakers: Dr Natasha Sabin & Dr Alison Steele

### Using the Child Sexual Abuse Response Pathway Webinar

One in ten children experience sexual abuse before age 16, yet it is far less likely to be identified than other forms of abuse. The CSA Centre has developed the Child Sexual Abuse Response Pathway, an interactive online tool to help professionals recognise concerns and take the right actions to protect and support children and families. This one-hour webinar introduces the Pathway, with practical examples and guidance on how professionals and partners can use it effectively in practice.

[10th June 2026, 10am - CSA - Introductory webinar: Response Pathway Northwest – Fill in form](#)

### Communicating with Children About Child Sexual Abuse

This one-hour webinar is for foster carers, kinship carers, adopters, and the social workers who support them. It recognises that children may take years to feel able to talk about sexual abuse and highlights the vital role adults play in recognising concerns and supporting those conversations. Drawing on the [Communicating-with-children-guide.pdf](#) guide, the session explores what children may be experiencing, what can prevent disclosure, and practical ways carers and professionals can help children feel safe to speak out.

[29th April 2026: 10am - 11.30am - Webinar communicating with children child sexual abuse](#)

To learn more and sign up to the latest CSA Centre webinars, training and workshops, visit the [CSA Centre website](#).

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**Greater Manchester** TSCP has signed up to the Greater Manchester Safeguarding Partnership, and along with the other Greater Manchester authorities, SAFEGUARDING TSCP has agreed to use a standardised set of procedures and protocols

The [Resource Hub - tri.x \(trixonline.co.uk\)](#) details the latest protocols, policies and procedures in use across Greater Manchester and good practice from across the region.

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# Tameside Safeguarding Children Partnership



Pennine Care  
NHS Foundation Trust

## Tameside & Glossop Parent Infant Mental Health Service

presents

### 'Finding Our Way With Tameside Babies'

A 2-day training, designed to help you increase your knowledge and skills in working with early relationships.



This training is suitable for all professionals working with parents, children and families.

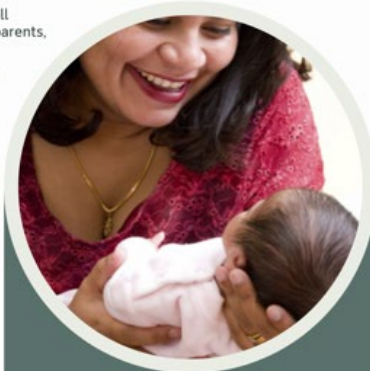


Date  
**5th and 6th May**

Time  
**09:30 AM -  
4:30 PM**

[Book Now](#)

Please email [pcn-tr.pimhstameside@nhs.net](mailto:pcn-tr.pimhstameside@nhs.net) to reserve a place on the course.



Room G38, Ground Floor, Werneth House,  
Tameside General Hospital, Darnton Rd,  
Ashton-Under-Lyne, OL6 9RN

## Intro to Nutrition & Food Labelling

**Our FREE introduction to nutrition course is for anyone working with children and families within Tameside and it covers:**



- The Eatwell Guide and how to use it to achieve a healthier lifestyle
- A look at how fat, salt and sugar can be detrimental to our health and ways to manage these in our diet
- Learning how to interpret and understand the information on food labels and how to use this to make informed choices
- Sharing top tips for achieving healthier lifestyles



**Available Dates  
(all sessions run  
10-12pm):**

- Thu 19th Feb Dewsnap Lane Clinic
- Thu 16th Apr TEAMS
- Thu 18th Jun West Family Hub (Greenside Children's Centre)
- Thu 20th Aug TEAMS
- Thu 22nd Oct West Family Hub (Greenside Children's Centre)
- Thu 3rd Dec TEAMS

Delivered by:



**Ideal for teachers, teaching support teams, health professionals, community workers, etc**  
For more information and to register for a place, please contact the Children's Nutrition Team

on **0161 366 2390/2351** or email us at [childrensnutrition@tgh.nhs.uk](mailto:childrensnutrition@tgh.nhs.uk)



# Tameside Safeguarding Children Partnership

NHS Pennine Care Foundation Trust, Parent Infant Mental Health Services  
Infant Mental Health Awareness Week

**‘Attunement in Action’: Supporting Emotional Development from Birth, online bite-sized training session.**

**Book via Eventbrite: [Wed 10 June 2026 , 12:00-13:30](#) (Online)**

## **Why this session matters**

The earliest relationships in a child’s life play a crucial role in shaping emotional development and mental wellbeing. This bitesize session explores attunement and its importance in supporting healthy infant mental health from birth, helping professionals recognise and strengthen responsive, nurturing interactions.

## **What the session will cover**

Participants will explore:

- What we mean by infant mental health
- What attunement is and how it can be recognised in practice
- Why attunement matters for emotional development from birth
- Signs that may prompt further curiosity or support
- Practical ways to support attuned interactions
- The role of Perinatal and Infant Mental Health Services (PIMHS) and when it may be appropriate to refer

## **Who should attend?**

Any professional working in Tameside and Glossop with children under 5, including those working with babies, toddlers, preschoolers, and families antenatally.

For further information, please contact: [pcn-tr.pimhtameside@nhs.net](mailto:pcn-tr.pimhtameside@nhs.net)

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## **research in practice**

Research in Practice, is a leading resource hub for evidence-informed practice in social care. RiP works with and for professionals in the social care, health, criminal justice, and higher education sectors, offering resources, learning opportunities and specialist expertise with an aim to support their learning to enable people – children, young people, families, adults, carers, and communities – to live good lives.

This resource is free of charge and anyone with a Tameside email address can create an account by following the information [here](#).

By registering with RiP, you’ll gain access to expert-led webinars, podcasts, and research briefings, practical tools and resources to support your day-to-day work and CPD opportunities to enhance your professional development.

Whether you're looking to develop your knowledge and skills, stay up to date with best practices, or connect with a community of professionals, Research in Practice has something for you. If you would like to learn how to get the best out of Research in Practice, why not book onto the next event: [How to use Research in Practice for all roles | Research in Practice](#)

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### **TSCP local training offer.**

The following pages provide information about the TSCP Local Training Offer, details of which can be found on the TSCP website <https://tamesidescp.org.uk/training>

The TSCP training programme is designed to:

- Reflect the TSCP Learning and Development Framework.
- Align with strategic priorities, national guidance, and emerging local themes.
- Incorporate learning from Rapid Reviews and case learning to address recurring issues.

Our aim is to ensure that future training events respond directly to areas of need, strengthening multi-agency collaboration and improving outcomes for children and families through continuous learning and development.



### **Free Virtual College Training for the Tameside Workforce**

Mental health is everyone's business. This month Tameside Safeguarding Children Partnership is highlighting a selection of free Virtual College training courses that support professionals and volunteers working with children, young people, and families to better understand, recognise, and respond to mental health needs.

Staff in Education, Health, Early help, Social Care, Community and Voluntary Sectors  
Whether you're new to safeguarding or refreshing your knowledge, these courses are flexible, accessible, and designed to fit around your role. As part of Mental Health Awareness Month, why not explore the following courses, all available on the Virtual College platform:

- **Suicidal Thoughts** - Build confidence in recognising warning signs, understanding risk factors, and responding appropriately when a child or young person expresses suicidal thoughts.
- **Supporting Teenagers and Young People** - Explore the emotional, psychological, and social challenges faced by young people, and learn how to provide effective, supportive responses.
- **Understanding Young Minds** - A practical course focusing on how children and young people think, feel, and behave, and how mental health impacts development, behaviour, and wellbeing.
- **Working with Children with Learning Difficulties and Disabilities** Enhance your understanding of the additional vulnerabilities faced by children with learning difficulties and disabilities, including their mental health and safeguarding needs.

### **Registration is free for all staff working to safeguard children in Tameside.**

These courses are designed to support your continuing professional development (CPD) and help organisations across Tameside build a confident, well-informed workforce.

Whether you're a frontline practitioner, manager, or volunteer, these courses will help us all work together to keep children, young people, and families safe.

Accessing the training is simple and completely free. Just follow the link below to register through [Enable](#), the TSCP online learning platform.

## **Trauma-Informed Drug and Alcohol Training**

### **Why this training matters:**

Children and young people may use drugs or alcohol as a way of coping with trauma, adversity, or unmet emotional needs. This training will help you develop trauma-informed approaches to engaging safely and effectively with children and young people around substance use. You will build confidence in having challenging conversations, maintaining professional boundaries, and supporting early identification and intervention.

### **Understanding substance use and risk**

Children and young people may be affected by:

- The impact of trauma, attachment difficulties, and adverse experiences.
- Substance use as a coping strategy for emotional distress.
- Difficulty trusting adults or engaging with services.
- Increased vulnerability to exploitation, harm, and risky behaviours.
- Barriers to accessing support and specialist services.

Substance use can lead to:

- Increased risk to physical, emotional, and mental wellbeing.
- Escalation of risk if early warning signs are missed.
- Breakdown in relationships with family, peers, and professionals.
- Longer-term harm without timely, coordinated intervention.

### **Who should attend:**

Carers and professionals who work with children and young people and want to build confidence in recognising early warning signs, understanding the links between trauma and substance use, and using trauma-informed, strengths-based approaches to support engagement and positive outcomes.

**Book via Eventbrite: [Mon 8 June 2026, 1:00pm – 4:00pm](#)**

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## **Introduction to Multi Agency Public Protection Arrangements (MAPPA)**

### **What It Means for Your Role**

Work with people who pose serious risk? This MAPPA course gives a clear, practical overview of how Multi-Agency Public Protection Arrangements work and what's expected of you.

### **You'll learn:**

- What MAPPA is and why it matters
- How offenders are managed and escalated
- When and how information can be shared
- Your role and the support available from the GM MAPPA Team
- Ideal for practitioners and managers across partner agencies

**Book via Eventbrite: [Tue 9 June 2026, 2:00pm – 4:00pm](#)**

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# Tameside Safeguarding Children Partnership

## Tameside - Graded Care Profile 2 (GCP2) – TSCP Training

### Why this matters:

Neglect affects 1 in 10 children in Tameside, making it one of our most pressing safeguarding priorities. The Graded Care Profile 2 (GCP2) tool is central to our commitment to help professionals understand what life is really like for a child and take effective action.

GCP2 is a strength-based, evidence-informed assessment tool that measures the quality of care a parent or carer provides in meeting their child's needs. It supports professionals to identify areas of concern and strengths, enabling timely and targeted interventions.

### What you'll gain from this training:

- Hands-on experience: Learn how the tool works and complete a full assessment.
- Accreditation: Receive a GCP2 license to use the tool in your practice.
- Resources: Access all training materials for ongoing support.
- Impactful practice: Gain confidence to provide guidance, interventions, or make referrals to the right agencies.

### Sessions are a full day and will be delivered at Dukinfield Town Hall

#### Book via Eventbrite:

- [Wed May 20 2026, 9:30am](#)
  - [Wed June 24 2026, 9:30am](#)
  - [Fri 10 July 2026, 9:30am](#)
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## Tameside - Missing from Home Training

### Why this training matters:

The local authority has a statutory duty to offer all children and young people who run away or are reported missing a Return Home Interview. These interviews are vital to understanding why a child went missing and how to reduce future risk.

### The risks of going missing:

Children and young people who go missing are at increased risk of:

- Abuse in any form.
- Substance misuse.
- Poor mental health.
- Disrupted education and relationships.
- Reduced life chances.

**They are also particularly vulnerable to trafficking, violent crime, drug use, exploitation, including sexual and criminal exploitation.**

### Who should attend?

Carers and professionals who want to develop knowledge and understanding of missing episodes and learn how to respond effectively.

#### Book via Eventbrite:

- [Thu 2 Jul 2026, 9:30am](#)
  - [Thu 8 Oct 2026, 9:30am](#)
  - [Thu 14 Jan 2027, 9:30am](#)
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## **Tameside Safeguarding Children Partnership Training Offer – New dates now available:**

**Cultural Genograms and Eco Maps:** This interactive course supports practitioners to develop confidence in completing cultural genograms and eco maps with families. You will explore how these tools can be used to understand family functioning, cultural identity, and support networks, helping to inform assessment and planning.

### **By the end of the session, participants will:**

- Increase their confidence in using cultural genograms and eco maps in practice.
- Strengthen their understanding of family systems and community connections.
- Enhance their ability to use visual tools to support meaningful conversations with families.

**Book via Eventbrite:** [Tue 19 May 2026, 9:30am](#)

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**Unconscious Bias:** This session helps practitioners understand how unconscious biases shape decision-making, assessments, and interactions with families.

Attendees will explore strategies to recognise, challenge, and reduce bias in everyday practice, supporting more equitable and inclusive work with children and families. The

### **The course will help participants to:**

- Increase awareness of personal and organisational bias.
- Develop practical strategies to mitigate bias in professional practice.
- Strengthen fair, consistent, and reflective decision-making.

**Book via Eventbrite:** [Tue 7 July 2026, 9:30am](#)

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**The Power of Language:** This reflective training explores the impact of the language we use, both written and verbal, when working with children, families, and partners.

Participants will reflect on their own communication styles and consider how word choice influences engagement, trust, and outcomes.

### **The course will support workers to:**

- Communicate in a non-judgemental, factual, and supportive way.
- Understand how language can either empower or stigmatise families.
- Promote positive, lasting change through thoughtful and respectful communication.

**Book via Eventbrite:** [Fri 10 July 2026, 9:30am](#)

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**Professional Curiosity:** This session focuses on strengthening practitioners' ability to remain curious, questioning, and reflective when working with children and families. Through discussion and practical examples, participants will explore what it means to be professionally curious and how curiosity supports safer, more informed decision-making.

### **The course will enable attendees to:**

- Understand why professional curiosity is essential, particularly in safeguarding.
- Identify common barriers to curiosity, including assumptions and over-familiarity.
- Reflect on ways they can actively improve their use of professional curiosity

By the end of the session, participants will feel more confident in embedding professional curiosity within their day-to-day work and across multi-agency practice.

**Book via Eventbrite:** [Tue 30 June 2026, 9:30am](#)

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## Tameside - Understanding Exploitation Training

### Why this training matters

Safeguarding children from exploitation is everyone's responsibility. This training will help you understand how children and young people are groomed and exploited, including emerging risks such as sextortion, sexual exploitation, criminal exploitation and county lines activity. You will learn how to recognise the signs that a child is at risk, understand the impact exploitation has on them and their families, and know what steps to take if you have concerns.

### The risks of exploitation

Children and young people may be at risk of:

- Grooming by individuals or organised groups.
- Sexual exploitation.
- Sextortion.
- Criminal exploitation, including county lines.
- Manipulation, coercion, and threats.
- Harm to mental and emotional wellbeing.
- Increased vulnerability in peer and online environments.

### Exploitation can lead to:

- Physical and emotional harm.
- Increased risk of substance misuse.
- Disrupted education and relationships.
- Long-term trauma for children and families.

### Who should attend?

Carers and professionals who want to build their knowledge of exploitation, recognise warning signs early and take effective action to safeguard children and young people.

You can book a place by clicking on the links below:

### Book via Eventbrite:

- [Thu 11 Jun 2026, 9:30am](#) (On-line Session)
- [Thu 24 Sept 2026, 9:30am](#) (Dukinfield Town Hall)
- [Thu 26 Nov 2026 at 9:30am](#) (On-line Session)

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## Polite Request from Tameside Safeguarding Children Partnership:

### Please Cancel If You Can't Attend

TSCP continues to offer training **free of charge**, but non-attendance and last-minute cancellations impact trainers and prevent others from booking on.

To help us manage places effectively:

- Only book a place for yourself – please ask colleagues to register individually.
- If you can no longer attend, cancel your booking as soon as possible so your place can be offered to someone else.

Thank you for your support in making training accessible to everyone.

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We hope you find this information useful. If you would like your service or any updates to be included in a future TSCP Newsletter, please e-mail [TSCP@tameside.gov.uk](mailto:TSCP@tameside.gov.uk)

If you wish to unsubscribe from this Newsletter, please email [TSCP@tameside.gov.uk](mailto:TSCP@tameside.gov.uk)